NON-ALCOHOLIC BEVERAGES
CONTENTS

➢ CLASSIFICATION
➢ HOT BEVERAGES
➢ COLD BEVERAGES
The word beverage is derived from the Latin word “bever” meaning rest from work.

Beverages are thirst quenching, refreshing, stimulating and nourishing qualities.
CLASSIFICATION OF BEVERAGES

- Beverages
  - Non Alcoholic
    - Stimulating
    - Nourishing
    - Refreshing
    - Water
STIMULATING DRINKS

- Stimulants Contain caffeine
- Relaxes our muscles by accelerating our heart beat & hence the pulse rate
- Stimulate the central nervous system
NOURISHING DRINKS

- Nourishing drinks provide nourishment to our body, ex - milk, bournvita, horlicks
- Contain proteins, minerals, vitamins which nourish our body
REFRESHING DRINKS

- Fresh juices like orange, pineapple, tomato, fresh lime soda, mocktails, syrups and aerated drinks provide instant energy to our body in form of fructose and glucose.

- Our system gets charged and refreshed by these drinks.
REFERENCES

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THANK YOU

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